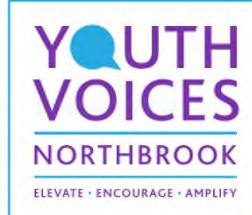


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2 **MINUTES OF A MEETING OF A REGULARLY-SCHEDULED**
3 **YOUTH COMMISSION MEETING, VILLAGE OF NORTHBROOK**
4 **COOK COUNTY, ILLINOIS**
5 **January 20, 2021 – Remote Meeting**



6 **Adult Commissioners Present (6)**
7 Carla Slawson-Martens, Chairperson
8 Jennifer Saperstein
9 Amy Oberholtzer
10 Kelli Christenson
11 Sally Kroha
12 Erin Cooper
13

14 **Student Commissioners Present (7)**
15 Jenna Ciesla
16 Theresa Lee
17 Derrik Chen
18 Zaynah Hussaini
19 Hannah Karlin
20 Adam Berkowitz
21 John Bosacoma
22 Nell Badgley
23 Kelly Kim
24

25 **Adult/Student Commissioners Absent (7)**
26 Ari Meyers
27 Andrew Xing
28 Daniel Kim
29 Neil Moghe
30 Emmeline Hazaray
31

32 **Village Staff Present (1)**
33 Madeline Farrell, Staff Liaison
34

35 **Call to Order**
36 Chairwoman Slawson-Martens recruited a Student Chair, and at 7:08p.m., Commissioner Ciesla called the
37 meeting to order.
38

39 **Approval of Meeting Minutes**
40 Commissioner Oberholtzer moved to approve the meeting minutes of December 16, 2020. Commissioner
41 Ciesla seconded. Upon voice vote, the motion moved unanimously.

1 **Hear from the Audience**

2 Riley Allen from Bach to Rock introduced himself and stated he was looking to get more involved with the
3 community.

4
5 **Youth Commissioner Check-In**

6 Chairwoman Slawson-Martens suggested a round robin check-in based on the happenings, both locally and
7 nationally, over the last month. Both Youth and

8
9 **Spring 2021 Forum**

10 Chairwoman Slawson-Martens suggested pivoting to an event about the current events regarding mental
11 health and wellbeing. Commissioner Bosacoma expressed concerned that high school students would be less
12 engaged with a speaker they don't know than they are with their peers or friends. Commissioner Badgley
13 shared the concern and continued to say that many students fear sharing these issues with adults because of
14 who they will tell or how they will react. Commissioner Badgley also expressed how complex these
15 conversations are and may not be easily addressed in a forum. Commissioner Saperstein reminded the group
16 the importance of being there for friends but not hesitating to inform an adult if necessary and not trying to
17 resolve everything yourself.

18
19 Chairwoman Slawson-Martens suggested letting this conversation and topic percolate amongst our members
20 and discussing whether to 1) stick with a forum on race 2) move towards a broadened concept of diversity or
21 3) focus on mental health.

22
23 Commissioners Saperstein, Berkowitz, and Bosacoma agreed with option #3. The Commission feels that
24 mental health is very prevalent right now. Chairwoman Slawson-Martens suggested partnering with CATCH.
25 Staff Liaison Farrell suggested asking CATCH to facilitate a conversation similar to tonight's conversation.
26 Commissioner Oberholtzer referenced a new CATCH program focusing on small group dialogue.
27 Commissioner Bosacoma suggested having a mental health professional come to a meeting so
28 Commissioners could ask questions about mental health and how to identify issues. The Commissioners were
29 very interested in pursuing this idea and agreed to develop a 'wish list' of confidential questions to provide a
30 mental health professional at the next meeting. Commissioner Oberholtzer would work on finding a mental
31 health professional to facilitate February's conversation.

32
33 Staff Liaison Farrell asked if the Commission was still interested in the Josselyn Center's Mental Health First
34 Aid Training. The Commissioners are interested and Staff Liaison Farrell will provide a status update at the
35 next meeting.

36
37 **Community News**

38 Chairwoman Slawson-Martens informed the group about a RAIN/NSYMCA sponsored event coming up on
39 February 8 at 7pm.

40
41 **Next Meeting: Wednesday, February 17, 2021**

42
43 **Adjournment**

44 Commissioner Bosacoma moved, seconded by Commissioner Kroha to adjourn the meeting at 8:45 p.m. On a
45 voice vote, the motion carried unanimously.

46