

# NORTHBROOK SENIOR RESOURCES



**Northbrook's Senior Services Commission**  
 The Senior Services Commission is a nine member group of residents appointed by the Village President and Board of Trustees.

The Commission is concerned with matters relating to Crestwood Place, the village-owned senior housing development, as well as making recommendations to the Village Board for activities relating to our senior population.

In addition, a Senior Roundtable made up of Northbrook organizations including, the Library, Park District, Police, Township, NSYMCA, CJE SeniorLife, North Shore Senior Center, and North Shore Village, meet to share information regarding senior services.

The Senior Services Commission meets bi-monthly on the second Thursday of the month alternately at the Village Hall and Crestwood Place. The meetings are open to the public and all are welcome to attend. For more information, call 847-664-4031.

## Connecting Northbrook Seniors to Available Services and Support

The 2017 U.S. Census Bureau estimates that, of the 33,400 plus Northbrook residents, approximately 25% are Seniors.

Northbrook Senior residents are vibrant, active members of our community and are involved daily in giving back to the community through their numerous volunteer efforts.

The Village, along with other local entities, is keenly interested in ensuring that the needs of the Village's over 8,350 Senior residents are met by providing access to information regarding

available services and resources.

This brochure contains some of the many services and resources available to Northbrook's Senior residents.

For additional information, visit the Village website at [www.northbrook.il.us/seniors](http://www.northbrook.il.us/seniors)

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### PLEASE SHARE THIS RESOURCE

This special guide contains information which is helpful for aging residents, their families, and their caregivers.





## Senior Housing and Assisted Living Options

There are several various housing options and assisted living facilities available to seniors.

**Crestwood Place, 1000 Waukegan Road - See details at the bottom of the page**

### Brandel Health & Rehab

2155 Pfungsten Road

847-480-6380

[www.covenantretirement.org](http://www.covenantretirement.org)



### The Lodge of Northbrook

2220 Founders Drive

847-772-9100

[www.lodgeofnorthbrook.com](http://www.lodgeofnorthbrook.com)



### Covenant Village

2625 Techny Road

847-480-6380

[www.covenantnorthbrook.org](http://www.covenantnorthbrook.org)



### Northbrook Inn

### Memory Care Community

99 Pointe Drive

224-306-2462

[www.northbrookinn.com](http://www.northbrookinn.com)



### Glen Oaks Nursing and Rehabilitation Centre

270 Skokie Blvd.

847-498-9320

[www.glenoaksrehab.com](http://www.glenoaksrehab.com)



### North Shore Place

1000 Sunset Ridge Road

224-326-2600

[www.seniorlifestyle.com](http://www.seniorlifestyle.com)



### The Grove of Northbrook

263 Skokie Blvd.

847-564-0505

[www.thegroveofnorthbrook.com](http://www.thegroveofnorthbrook.com)



### Rosewood Care Center

4101 Lake Cook Road

847-562-1770

[www.rosewoodnursing.com](http://www.rosewoodnursing.com)



For State Licensed Home Health Care Agencies,  
see the Illinois Department of Public Health Directory at [www.idph.state.il.us](http://www.idph.state.il.us) or call 217-782-4977

## Crestwood Place Senior Housing

The Village of Northbrook owns Crestwood Place, apartments for seniors, located at 1000 Waukegan Road

Crestwood Place has reasonably priced apartments, which include eat-in kitchens and walk-in showers. Residents enjoy a variety of social activities year-round and the building is situated next to a beautiful park.

Applications are available to seniors 62 and older. For more information, please call 847-272-0170, weekdays, 9:00am – 5:00pm.





## Local Senior Services

**Northbrook Park District Senior Center**  
3323 Walters Road, Northbrook, IL 60062  
847-291-2995 [www.nbparks.org](http://www.nbparks.org)

For adults 55 and over, the Park District Senior Center (located within the Leisure Center) delivers a wide variety of daily activities: classes, trips, special events, exercise classes, a choir, games, computer classes, drop-in programs, and holiday parties. The Center also provides counseling, support groups, and health and driving services.

**Northshore Senior Center**  
161 Northfield Road, Northfield, IL 60093  
847-784-6000 [www.nssc.org](http://www.nssc.org)

The North Shore Senior Center offers classes, clubs, presentations, trips, concerts, and events for seniors. The Senior and Family Services Department and the affiliate North Shore Senior Options connects families to resources and helps older adults live safely in their own homes. The House of Welcome Adult Day Services provides programming for people living with Alzheimer's disease and other types of memory loss.

**Northfield Township**  
2550 Waukegan Road, Glenview, IL 60025  
847-724-8300 [www.twp.northfield.il.us](http://www.twp.northfield.il.us)

The Township provides assistance to seniors through the following programs: Applications for passports and RTA passes, help with real estate tax assessment issues including exemptions, Dial-a-Ride subsidized taxi ride program for seniors who meet income guidelines, issuance of three-month temporary parking placards for people with doctor's notes, providing applications for permanent parking placards, Northfield Township Food Pantry, and emergency and general financial assistance for qualifying individuals.

**North Shore Village**  
847-721-1413 [www.northshore-village.org](http://www.northshore-village.org)

North Shore Village is a nonprofit member organization of older adults dedicated to helping seniors age in their desired location. NSV provides opportunities for seniors to develop new relationships with others as they age so they have the social fabric to support their aging experience. Members are eligible for volunteer services such as transportation, tech assistance, household chores, errands, and friendly visiting.

**North Suburban YMCA**  
2705 Techy Road, Northbrook, IL 60062  
847-275-0079 [www.nsymca.org](http://www.nsymca.org)

The YMCA offers exercise classes geared for adults of all ages and all fitness levels in an ADA accessible facility with fitness equipment, a track, pool, racquetball courts, basketball courts, sauna, steam room, and whirlpool. In addition to fitness, the YMCA offers adult programming including weekly Brain Games, a Caregiver Support Group, a Social Club, and an Adult Education Series.

**CJE SeniorLife – Council for Jewish Elderly**  
1551 Lake Cook Road, Deerfield, IL 60015  
773-508-1000 [www.cje.net](http://www.cje.net)

Older adults, their families and caregivers turn to CJE SeniorLife at different stages in their lives to benefit from CJE's network of support, guidance, and resources including 35-plus programs offering: independent housing, assisted living, home delivered meals, long and short-term skilled nursing care, adult day services, geriatric care management, support groups, and numerous lifelong learning opportunities.

**Northbrook Police Counseling Services**  
1401 Landwehr Road

847-664-4430 [www.northbrook.il.us/PoliceCounseling](http://www.northbrook.il.us/PoliceCounseling)  
The Northbrook Police Department Counseling Services Unit provides crisis intervention with police, criminal court advocacy with victims of crimes, short-term counseling for police referred cases, information, and referral and consultation to local schools, social service agencies, and clergy.

**Northbrook Library Services**  
1201 Cedar Lane

847-272-6224 [www.northbrook.info](http://www.northbrook.info)  
The Northbrook Public Library connects seniors to information, entertainment, and each other through programs (movies, lectures, concerts, and book discussions) and over 350,000 books, movies, and CDs. The Library also brings materials and services directly to seniors in their home. They help seniors stay engaged and connected to each other and our community.

**Meals at Home Service**

847-332-2678 [www.mealsathome.org](http://www.mealsathome.org)  
Home delivery of two meals a day, up to six days a week. Sliding scale for clients in need.

## Senior Discount Opportunities

The ComEd CARE program offers a range of financial assistance options. Call 800-571-2332 for details.

Advanced Disposal offers a discount for customers age 65 and over. Call 847-272-4145 for details.

Village Vehicle Sticker discount provides reduced rate for those 65 and over. Call 847-664-4038 for details.





# Senior Transportation Options

## Northbrook Subsidized Taxi Program

The Village of Northbrook's Subsidized Taxicab Program was created to offer senior residents of incorporated Northbrook 55 years or older and permanently disabled Village of Northbrook residents an affordable transportation option in addition to what other agencies offer.

The program utilizes an Electronic Swipe Card (ESC) to offset the cost of the metered fare. Each use of an ESC has a \$5 dollar value and each program participant will be allowed up to 16 ride subsidies per month.

ESCs are only accepted by the following taxi companies:

American Taxi 847-673-1000

303 Taxi 847-368-0303

### How to Apply for the Northbrook Subsidized Taxi Program

Applications for the program are available at Northbrook Village Hall (1225 Cedar Lane) or on the Village website at [www.northbrook.il.us/Taxi](http://www.northbrook.il.us/Taxi)

## Senior & Handicapped Travel Cards

### For RTA, Metra, & Pace

As a convenience, residents of incorporated Northbrook, age 65 and older, may pick up a RTA Travel Card application at the Village Hall and have their photo taken during business hours. Please note, the RTA Travel Card application and photo must be mailed to the RTA for Travel Card processing. RTA Cards are not issued by the Village.

### Pace Bus

Pace operates a fixed route system, which is accessible to people with disabilities. For senior citizens and people with disabilities, fixed route is a less expensive way to get around the community and gives people the freedom to travel without arranging a ride in advance. The Regional Transportation Authority offers a training program for those who wish to learn how to ride fixed route.

Proof of residency is required. Once the application has been approved, the resident will receive an ESC and a brochure with further instructions on how to use the card. For more information, call 847-664-4038

## Northfield Township Dial-A-Ride

Dial-a-Ride is an income-based subsidized taxi service program that provides discount coupons to Northfield Township senior citizens (age 65 and over) and residents with permanent disabilities (age 18 and over).

For more information on the required documentation or to request a Dial-A-Ride application, visit [www.twp.northfield.il.us/services/dial-a-ride/](http://www.twp.northfield.il.us/services/dial-a-ride/) or call 847-724-8300.

If Northfield Township determines you are eligible, you will receive an ID card and will be issued 16 coupons per month. Each coupon is good for \$5.00 off a full taxi fare.

## Pace Bus Paratransit Service

This paratransit service is provided for customers whose disability or health condition prevents them from using CTA and/or Pace fixed route services for some or all of their travel. Only persons who are certified by the Regional Transportation Authority are eligible to ride ADA Paratransit.

For more information on either of these services, contact the RTA Ride Free and Reduced fare program at (312) 663-4357 and speak with a Mobility Services Helpline Call Agent. For more regional travel information visit [www.rtachicago.org](http://www.rtachicago.org)

## Additional Resources and Programs

**Please keep this special Senior Resources Guide handy for reference, as it provides useful information for not only seniors, but their families, and caregivers as well.**

For those that use the Internet, please visit [www.northbrook.il.us/Seniors](http://www.northbrook.il.us/Seniors) and the sites included in this guide for more information. If you don't use the Internet, ask a family member or visit the reference desk at the Northbrook Library for assistance.

**View these local programs presented by the Northbrook Senior Services Commission:**

*When is the Right Time to Move?*  
[www.northbrook.il.us/SeniorMove](http://www.northbrook.il.us/SeniorMove)

*Senior Safety: Cons, Scams, and Crime Prevention*  
[www.northbrook.il.us/SeniorSafety](http://www.northbrook.il.us/SeniorSafety)